

Sensory Evaluation of Some Commercial Dietary Salts

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Summary

Saltiness and taste of various foods prepared by using some commercial dietary salts — salt with low sodium content and nigari-added salt — were evaluated by sensory tests.

Results were as follows;

1. Foods using salt with low sodium content was evaluated to be considerably low in saltiness and also unacceptable because of unpleasant bitter taste.
2. Saltiness of foods using nigari-added salt was evaluated to be slightly low or almost same as foods using ordinary salt, and tastes were evaluated to be highly acceptable.