

Na⁺ Sensing and Blood Pressure Regulation by Nesfatin-1 Neurons and Underlying Mechanism

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Summary

In this study, I asked whether the neurons in the hypothalamic paraventricular nucleus (PVN) sense Na⁺ to regulate blood pressure. I found that 30% of PVN neurons sense as small as 5 mM change of Na⁺, and that 40% of these Na⁺-sensing neurons are Nesfatin-1-immunoreactive neurons. The neurons principally sense the change of Na⁺ itself but additionally that of osmolality. The Na⁺-sensing neurons also respond to angiotensin 2, suggesting their role in regulation of blood pressure.